



Children's Rehabilitation Center Ümüt-Nadeshda (Hope)

# Newsletter 2012

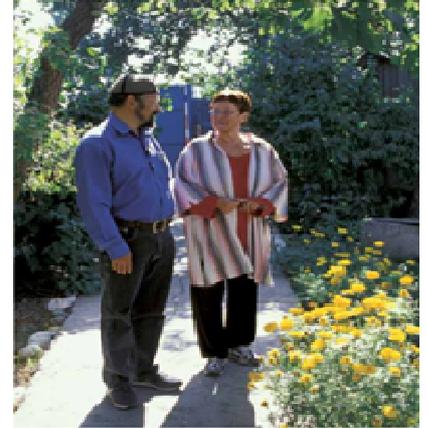
*Dear Friends of the Children from the Center Nadeshda.*

*The past year again was a year of devotion of many co-workers, volunteers and donors to the handicapped children of the Center Nadeshda. The Annual Report of the center will provide a glimpse of the happenings and successes we witnessed in the Year 2012.*

*On behalf of all children, employees and parents we thank you all for your interest and support of the Nadeshda Children.*

*We wish You and Your Loved Ones a Merry Christmas, Health and all the Best for the New Year.*

*Fondly, Igor Ilich and Karla-Maria Schaelike*



## Adina Smiles Again

Adina is a beautiful and strong girl without legs. Daily she comes by propelling her wheelchair from the group home to the class room at Nadeshda with a smile and fully motivated to learn. She is the daughter of poor parents from the country side who moved to Bishkek in hopes for



A better life. However the poverty and lack of work faced by the parents resulted in their decline.

Adina was alone and shunt by the neighbors. Schakyp a co-worker of Nadeshda discovered her and introduced her to the Center Nadeshda. She loves dancing, music and sports. Adina was chosen as one out of two participants from Kyrgyzstan to compete in the Para Olympic Games in London. A financial shortfall discovered in the last minute forced Adina to withdraw from the planed journey to London. She continues to train hoping for better support when the next Para-Olympic Games will be held again four years from now.

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## Curative Education Training Provided in Nadeshda Seminars



Only Nadeshda has been providing for many years educational workshops and training preparing teachers to work with special needs and multiple disabilities in all of Kyrgyzstan. Both interest in needs for training in the country are very high. Consistent support from the Soros Foundation for

the education provided at Nadeshda led to the honor that Nadeshda is an officially recognized "Center of the Soros Foundation". The financial support provided by the Soros Foundation, allowed for an expansion of the program both in the number of students attending and teachers teaching. New Instructors from outside Kyrgyztan could be hired and the several of Nadeshda based seminars are now part of university courses in the larger universities of the country.

One seminar was held by two German expert on conditions on the autistic spectrum, at the American University of Kyrgyzstan. Parents who have no or very little support in raising handicapped children could share experiences and feelings. The recognition of the difficult conditions, the sharing of concerns and grief allowed the mothers to bond, teachers to learn and for all to find new approaches and strength in dealing with children affected by Autism. The new found understanding of their children conditions and the conceptualization in how to support the children was most appreciated by all participants. Nadeshda one again wants to thank Dr. Andrea Loebell-Buch and Dr. Baerbel Wohlleben for their valuable contributions during the seminar and for all the extra time spend with parents and staff while visiting Kyrgyztan.

Continuing education training was provided to Nadeshda staff during the Nadeshda summer break from August 22 through 28<sup>th</sup>. The Special Education Teachers of the An-



dreas Froehlich Schule of Klepsau by Stuttgart, Germany provided the teacher training relevant for all age group and stages of development of their pupils at Nadeshda. The Seminar was sponsored by the „Foundation Wuerth" Germany. All participants are most grateful for this valuable experience.



## Conditions of the Handicapped Children in Kyrgyzstan

The conditions in state run institutions for the handicapped are cruel and unsafe for the children it is supposed to serve. The death rate of the children in its care is extremely high. Conditions are poor and humiliating. The situation exists despite efforts by international aid organizations to better conditions and the fact that representatives of the Kyrgyz government signed an UN Declaration promising the educational and societal inclusion of individuals with disabilities. Lack of progress seen is based on the ignorance of the population in dealing with handicapped individuals, and corruption of high level officials in charge of implementing better policies and practices. However, grass root initiatives advocating for the handicapped are speaking out and influence practices and thinking in society. Attitudes in the society are changing in some circles and concerns and compassion is seen Muslim and other groups of peoples. The new found voices, who include representatives with disabilities, accomplished the initiation of court investigations and subsequent prison sentences on guilty parties misusing funds and influence.

## Nadjeschda is a Safe and Happy Place for Learning and Living

Nadeshda is not only a school and a home for many students. Nadeshda provides therapies, recreational activities, parent workshops, and vocational training to the older students. Nadeshda sponsors a summer camp on a Kyrgyzstan's treasure the most beautiful lake the Issyk Kul for its students and their parents. Nadeshda is a professional training center, the only one providing an education for special education personal in Kyrgyzstan.



The mission of Nadeshda is to provide a cohesive program, fitting the individual needs of all its clients to be offered in an impoverish country to its most vulnerable members of society. All the services taken for granted in a developed county have been missing until Karla Maria and Igor Schaelike devoted their lives in the service of the country's handicapped children. They had to create all its educational services in place, find funds to do the caring, healing and teaching of the children and young adults. In cooperation with the staff of the center Igor and Karla-Maria developed the administrative

structure to solidify the centers mission and to the work towards its future.

Last but not least they had to find ways and the means to build the physical campus for the center.

It has been a rewarding, thrilling and exhausting journey for the Schaelikes.

- Presently the center consist of three pre-school handicapped Nursery - Kindergarten classes, where some typically developing children also attend.
- The center has a grade school and high school including vocational programs
- Added are therapeutic workshops for wood work, sewing, cooking and baking for graduated students
- Therapies provided include therapeutic massages, therapeutic movements and sensory motor activities, equestrian, music and art therapy.
- Music and dance groups for the older students
- Therapeutic summer camp for student, parent and staff

Nadeshda has found the support of the **Soros Foundation Fund Eurasia, UNICEF, Foundation Wuerth, Germany** and many other loyal donors and organizations.

Visits from representatives of these and other aid organizations praise the work accomplished and stay therefore responsive to the centers needs. Former President Rosa Otunbaeva recognized at numerous occasions Nadeshda as a superb model for Kyrgyzstan's special needs population.



Docent and consultant Dr. Loebell comments about Nadeshda:

*"The Center UMUET-Nadeshda is an oasis in the dusty and grey city of Bishkek. One enters through a walkway adorned by blooming flowers and shrubs. Behind the pre-school building is a sand box, climbers and swings. The access the buildings are handicapped accessible.*

*I am struck by the beauty of the place, and the devotion towards the children I have seen at Nadeshda. The children are given love and respect as rarely seen in any society. I am in awe of what you managed to create!"*



## German Physicians Visit and Volunteer at Nadeshda

At the beginning of the 2012/13 school year Nadeshda was visited by six highly qualified German Pediatricians. The six doctors had a chance to examine 60 children thoroughly from 9 - 22, through 9-24<sup>th</sup> 2012. They were accompanied by Kirgiz physicians, several who had worked with students from Nadeshda before. The diagnostic work up allowed for some changes in the therapies and medical regiments, particularly changing the life of one student significantly for the better. Unfortunately the cost of many of the treatments available to children in the western world is not available to the children of Nadeshda because of the cost associated for the mostly very poor parents. The cooperation of the Kyrgyz and German Physicians was made possible gratefully through a grant of the Wuerth Foundation, Germany, whose representatives accompanied the visiting physicians and who had once again a chance to see the children and the center in its full operation.



**Mrs. Carmen Wuerth, Mr. Franz Zipperle, Mr. Prof. Dr. Christoph Karle, Mrs. Dr. Irina Koch, Mrs. Prof. Dr. Renee Lampe, Mr. Prof. Dr. Kirk Lampe, Mr. Prof. Dr. Roth**

## Commitment for Social Engagements by Young People

During the "RUNDREISE" or pointers of the Nadeshda website, Mrs. Schaelike comes across young people interested in devoting one year of their young life to meaningful volunteerisms. Many dare the trip to Kyrgyzstan and work at the center. These young people are adding life and practical help to the Nadeshda children and staff alike and their presence is very appreciated by all. Testimonies of these volunteers reflect the benefit of their visits has not only been for the children they work with alone, but also for equally significantly to the volunteers themselves.

Lucas Tangl: *"The children greeted me without fear, opened up communication and played with me even though we did not speak the same language."*

Sarah Koenig: *"After a year of hard work with ups and downs, more ups definitely, it is almost impossible to say good bye to the children and the staff of Nadeshda. I have put myself fully into the life here and all the work I did and what I experienced has become part of me."*

These volunteers are an important part of the life of Nadeshda. The center not only needs qualified special educators and therapist for the wellbeing of the students, but benefits immensely from the caring and spontaneous young people with so much love to give.



## PROJECTS

### Parent Counseling and Community Outreach Project

The counseling service Podero aims to assist parents of handicapped children to adjust to the life with a non typically developing child, hopefully preventing out institutionalization of the child. The counseling is available to parents whose children are not students of the Nadeshda Center, as not all applying find room in the center and other ways to support these families had to be found. This important project has been largely supported by the Papst Family Foundation of Germany.

### Capital Improvements



For years the Center has a need for Auditorium and Gym. A suitable space was found in abandoned soviet factory. Gifts from the German Embassy allowed for a purchase of the damaged structure. The renovations have been hampered by the lack of funds and the political unrest in the country.

With the help of a group of Swiss donors and volunteers the roof and beam of the auditorium could be renewed and more renovations are planned in near future again with the remarkable help of our Swiss friends, particularly by the untiring efforts of Franziska Senn and Franziska Heitz.

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### SES (Senior Expert Service)

#### Senior Professional from Germany Volunteer at Nadjeschda



A group of retired professional has shown long term commitment to volunteer for Nadeshda. Members include physicians, educators and therapists. The volunteers' work in the different classes and add their professional and personal expertise. Visits often last several months at the time. The loyalty of several members of the association returning to Nadeshda allows them to witness the growth the children experience. More than one volunteer reports of seeing the teaching influence in the actions and skills of the children they had worked with to unfold over time.

### Fundraising of Karla-Maria Schaelike

The most important step to make Nadeshda known to the world and to secure the funds necessary for operation and capital projects are the yearly visits (RUNDREISEN) of Karla Maria Schaelike to European German speaking countries on behalf of Nadeshda. She holds seminars and talks about the center to add to the list of individuals of supporter for Nadeshda. Her last visit in the spring of 2012 was a successful. Karla Maria's ability to bring Kyrgyzstan and the center alive in her talks makes her a desired speaker. To use her limited time best for information and fundraising, she was once again nobly assisted by the volunteer organizers of these demanding trips. Nadeshda is most grateful to each one of these individuals for the most valuable help.

## Volunteers and Guest Visiting Nadeshda in 2012

We are most grateful for your visits and contribution to the center in 2012. You braved a trip to a foreign and poor country far away. You helped us with taking care of the children, helped us to serve the children and young adults better and have been very generous with your time and efforts. We are forever grateful to you:



Elke Auer  
Wolfgang Auer  
Inga Dürr  
Luise Diemer  
Malika Jessen  
Dr. Christoph Karle  
Marianne Kinzler  
Sarah König  
Dr. Andrea Loebell-Buch

Dr. Renee Lampe  
Dr. Kirk Lampe  
Isabell und Barbara Lampe  
Anna Linss  
Rosmarie Mallwitz  
Esa Mäkinen  
Elke - Hepler Nachtsheim  
Franziska Pretzl  
Monika Pannitschka

Daniella Payer  
Bernd Ruf  
Herr Dr. Roth  
Olga Starostina  
Renate Tempel  
Lukas Tangl  
Carmen Würth  
Bärbel Wohlleben  
Ekaterina Zhukova

## Donor Information

We like to state that the full amount of your donation will be forwarded to Nadeshda for the work with the children. We are most grateful that the administration of the funds is handled by volunteers and board members at no cost to Nadeshda.

Nadeshda documentation for tax deductible donations is provided for donations starting Euro 200.00. These records of tax deductible donations are mailed from Germany each January, provided complete donor addresses are provided. Donations of US Dollars are best send to the RST (Rudolf Steiner) Foundation, who transfers the donations to Germany to the "Freunde der Erziehungskunst" to be transferred faithfully to Nadeshda in Bishkek Kyrgyzstan. Donations made to the RS Foundations regardless of size will be acknowledged by the RSF and a statement of your tax deductible donation will be send to your US address from the San Francisco office.

Checks can be send to RSF Social Finance  
1002 O'Reilly Ave.  
San Francisco, CA 94129 USA

Make check out to:RSF Social Finance  
with Nadeshda/Umut in the memo line

Payable by Credit Card

<http://rsfsocialfinance.org/services/giving/donate-now/>

select Freunde as the project and put nadjeschda in the description field

Contact Person: Catherine Covinton  
Program Associate, Philanthropic Services  
direct: 001/415/561-6151  
main: 001/415/561-3900  
fax: 001/415/561-3919  
<http://www.rsfsocialfinance.org>

### Donation to German Account of Nadeshda

Organization of check made out:

Nadeshda e.V. Tuttlingen  
Name Bank: Kreissparkasse  
Tuttlingen

Bank Number for Transfer: BLZ  
64350070  
Account Number: 107099

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