



Children's Rehabilitation Centre Umut-Nadjeschda (Hope)

Nadjeschda Newsletter 2013

Dear Friends and Donors

Once again we want to include you on the happenings at Nadjeschda. Much what will be reported would not have been possible without you our loyal friends near and far. We want to bring attention to and thank the board members of the Nadjeschda board of trustee in Germany. These dedicated individuals have been crucial in securing financial support for the Nadjeschda children; they work without compensation and donate the full amount of donations obtained directly to Nadjeschda.

We wish You and Your Loved Ones a Merry Christmas, Health and all the Best for the New Year.

Igor Ilich and Karla-Maria Schälike

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For years the US soldiers of the Base in Manas volunteered at Nadjeschda

We want to express our deepest gratitude we have to the many men and women in the armed forces serving in Kyrgyzstan. The commitment and joy they demonstrated when interacting with the Nadjeschda students has been inspirational. One has to know that handicapped individuals are largely excluded from interaction with society, they tend to be shunned.



Our American Friends have been playing with the children intently and naturally, hugging them and showed love and appreciation totally unfamiliar to them in their society. This not only has a very positive effect on the children but on our staff as an affirmation of their efforts. The unconditional friendship these American demonstrated have been effective role models to many Kyrgyzstanis who are largely unaccustomed with in dealing with people showing differences from normal development.

The soldier's faithful volunteering at Nadjeschda was like a miracle for the many of the children, and the parents of our children who experienced that their children are treated and responded to as regular kids foremost! When we asked our American volunteers how they acquired the gift to interact with all regardless of disability, they responded by sharing that handicapped children are included in regular schools and society, allowing for rewarding experiences in these interactions.

On behalf of the children, adolescences, the young adults, the teaching staff and the parents we urge you to feel our deepest appreciation for all the gifts you brought to Nadjeschda. Your conduct and involvement over many years has been an example of humanity on the highest level. We will be forever grateful to all you all have done for the children in Kyrgyzstan.



The death of Julia Fiedler-Stolte



Julia Fiedler-Stolte,

one of our oldest and most loyal friends of Nadjeschda grieves us deeply. Julia was a remarkable person and the memories of her and her contributions to Nadjeschda will be an inspiration to all of us as long as we live.

In the years of chaos and hostility Nadjeschda experienced after the dissolution of the Soviet Union, she secured housing for us, gave us protection and hope to continue with our work.

We will be always grateful to this brave and generous friend and miss her deeply.

The Situation of the Handicapped in Kyrgyzstan

New laws recognize the rights of the handicapped to schooling, care and therapy, but lack of funding and often the lack of conviction to help leaves this population in huge difficulties and in neglect. The money spend per day for care per day for a disabled person amounts to about \$1.30. Trained professional working with the handicapped is scares. This condemns parents of children with special needs and all the handicapped people to extreme hardship magnified by the frequently seen hostility towards the special needs population. The founding and success of Nadjeschda in a land totally lacking care and opportunity for all handicapped individuals is significant. Nadjeschda is indeed as the name expresses HOPE. Below is a list of programs initiated and succeeding in Nadjeschda, leading the way in care for the population it serves.



Nadjeschda's Extensive Value to Society



In addition to taking care of our student population to reach their potential and deserved dignity, Nadjeschda developed into a teaching facility for the country and region expanding into central Asia.

- *Education and training of potential teachers for the handicapped, therapists and parents in ongoing seminars at Nadjeschda*
- *Education and training of potential teachers for the handicapped, therapists and parents in ongoing seminars at other locations and neighboring countries*
- *In interacting with society Nadjeschda students and staff role models inclusion, demonstrating the values and skills handicapped people have if the opportunity for development and respect is given.*
- *Nadjeschda parents and staff reach out to political and humanitarian organization such as Kyrgyz ministries responsible for education and welfare, UNICEF, UNESCO and the SOROS Foundation.*

Videos about Nadjeschda

For the first time in the history of Kyrgyzstan, and during the country's TV prime time a movie (a Love Story) was aired in which the main characters are individuals who have handicaps. The name of the movie UEMUET- Hope –The movie is amazing and was well received. (Director: A. Aitikeev)



Bachtijar Seitkasiev is the director of a second video, made depicting life at Nadjeschda. It is a documentary demonstration the different groups and sections of Nadjeschda and how the students learn and thrive. This documentary has been a very important development tool for Karla Maria Schaelike when she undertakes her yearly journey to Western Europe securing financial support for the work at Nadjeschda.

Feedback about the video has been positive as expressed by many, including in the e-mail of a young Kyrgyz man presently living in Germany: "Dear Igor Ijitsch, not only the parents of the handicapped in Kyrgyzstan are grateful what you are doing to the benefit of their children. Patriotic citizens like me are immensely grateful that you devote your life to the betterment of the handicapped individuals you care for. You are opening doors for them and all citizens in our society. We are proud about strong devoted people like you who protect the unprotected and give them a brighter future."

Our Dance Company TUMAR

Our children love to dance and move and are encouraged to do to the fullest extent possible to them. This leads among other things movement related, to the forming of the dance group "Tumar".

Tumar participated locally in festivities, is presented in TV and goes on tours outside the country as in the past year to Austria and a festival lasting five days in Berlin Germany.

The trip will bring our participants a lifetime of good memories.



Helpfulness is Catching

Due to a most appreciated gift of one of our most loyal donors Carmen Wuerth, we replaced the leaky, broken down roof in one of our group homes.

The contrast of the beautiful new roof and the old run down house structure has been striking. To remedy the situation Nadjeschda parents volunteered to repaint the house and others followed to add a new solidly and beautifully built fence around the property.

Recognition of Nadjeschda Graduates in Curative Education



State Sponsored Certification for Graduates of Nadjeschda Curative Education Program has become a reality 20 years after the founding of Nadjeschda. Our expanded educational program to work with the Handicapped (Curative Education) finally receive certifications recognized as professional training by the Country of Kyrgyzstan.

Nadjeschda is the only institution in Central Asia training individuals in working with a population with moderate to severe disabilities. This has been a significant step in recognizing and assisting the needs of the handicapped in the country. We are proud of our graduates!

Additional Help For and Progress Seen at Nadjeschda

- Young German volunteers renovated and re-painted the Kindergarten Rooms
- Dr. Christoph Stolzenburg MD, gave his second seminary to Nadjeschda Staff
- Ursula Reussner once again spend a month volunteering spreading joy and comfort the children and staff
- Concepts of NON Violent Communication (developed by Marshall Rosenberg) introduced by trained German Volunteers. The concepts introduced were soaked up by the Kyrgyzse participants who went through periods of violent upheavals in their home country over the past 20 years. One of the participants impressed by the usefulness of the training has been Rosa Otunbajewa Kyrgyzstan's beloved formed president.



Stepping into a New Life, Our First Graduating Class

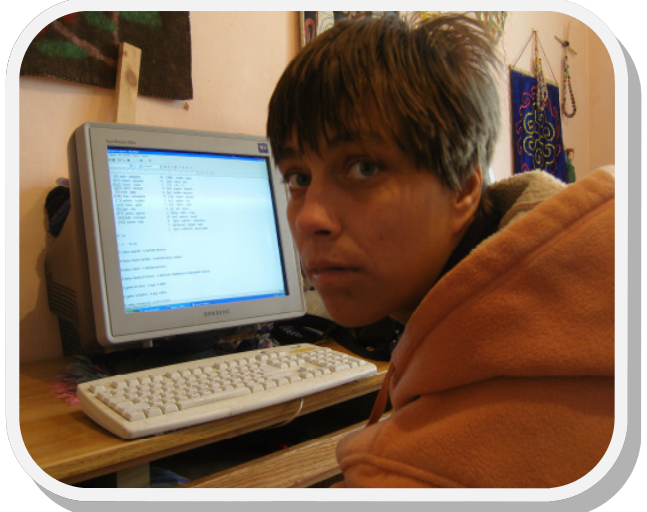
Nadjeschda open its door to its first students in 1990 as small Nursery Kindergarten class. Many of these children entered Nadjeschda's first grade school class in 1093 as First Graders. One of these children was Olga.



Olga 1993

She has severe physical disabilities; however was a bright and resourceful student. As an orphan, Nadjeschda became her home and family. Olga is one of the founders of Nadjeschda because the children's need in care gave the impetus for the ongoing program development. Children like Olga needed schooling, group home and vocational training. As Olga experienced, through the determination and sacrifices of many, Nadjeschda developed these program components for its students.

Now fully grown with computer skills and a great work ethic Olga is ready to move on. Through the cooperation of Nadjeschda staff, parents of Nadjeschda children and with the help of generous donors the new village "Manas" could be created. It is a village allows for housing, care and vocational activities for handicapped adults. Olga was one of the young adults to make the move to the new living quarters and work environment. She will be able to continue typing with the tip of her nose as she adapted to do so at Nadjeschda. Manas is independent from Nadjeschda with its own board, set of bylaws and trustees www.sozialdorf.org. We are most grateful to all the hard working and generous individuals helping to form the new and much needed Village. We thank you and, and greet "our children" who are so blessed by the opportunity to be part of Manas.



Olga 2013

The Podero Project

This program is designed as an out-patient treatment and counseling center for families with children with disabilities. In order to be most effective we need to create good facilities. Through the most generous support of many German organizations and individuals (who include the German Ambassador for Kyrgyzstan Gudrun Sraege), we expect to move into the new beautiful rooms shortly. In addition the physical facility we need to train our staff for the diverse skills needed to support the disabled children and their parents.

Progress is seen here as well, one of the very helpful volunteer trainers is Agnes Christ Fiala. Agnes not only taught us but expressed deep admiration for all the devoted individuals she meet connected with the Podero project who are committed to work on behalf of the children in most difficult circumstances.



INFORMATION

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Nadjeschda is able to receive donations in the USA by cash, check or check credit card through The Rudolf Steiner Foundation (RSF Social Finance) in San Francisco, CA 94129

Check: Payable to RSF Social Finance with Nadjeschda/Umut in the memo line.
Credit Card: <http://rsfsocialfinance.org/services/giving/donate-now/-select> Freunde as the project and put Nadjeschda in the description field